

PAKISTAN CENTRE FOR AUTSIM PCA

NEWSLETTER

APRIL - JUNE 2025



Empowering Change, Building Inclusion

Pakistan Centre for Autism (PCA) continued its mission to promote inclusion, awareness, and professional development in the autism community. From impactful events to educational outreach and meaningful collaborations, this quarter has been filled with milestones that reflect PCA's unwavering commitment to empowering individuals with autism and their families.



Understanding Autism School Outreach Sessions

Pakistan Centre for Autism (PCA) set up an awareness and information desk in collaboration with the Department of Special Education, University of Karachi, during a seminar held in observance of the International Day of Persons with Disabilities. The seminar, titled "Amplifying Skill Development of Persons with Disabilities for an Inclusive and Sustainable Future," served as a meaningful platform to promote inclusion and awareness. PCA representatives attended the event as guests, while the desk featured informative materials, interactive resources, and on-site personality assessment tests. Students and professionals actively participated, engaging in insightful conversations around autism, early intervention, and inclusive practices.



World Autism Awareness Day "Light It Up Blue"

PCA branches in PECHS, Hali Road, Johar, and Nazimabad lit up in blue to honor World Autism Awareness Day. Children, accompanied by their mothers, participated in themed activities while dressed in blue – a color symbolizing solidarity for the autism community. The celebrations emphasized acceptance, inclusion, and the beauty of neurodiversity.



LIVE Session Supporting Individuals with Autism

On April 18, PCA hosted a live Facebook session featuring Ms. Alliya Batool Haidery. This insightful talk focused on practical daily strategies, debunking myths, promoting communication, and using ABA-based interventions for behavior management. The session encouraged parents, educators, and therapists to collaborate in creating inclusive environments.

LIVE

TOPIC
Supporting Individuals with AUTISM

- Debunking Common Myths About Autism
- Practical Strategies For Daily Support
- Building Communication And Social Interaction
- Role Of Physical Activity And Exercise
- Creating Inclusive, Supportive Environments
- Applied Behavior Analysis (Aba) Insights
- Managing Challenging Behaviors
- Mobilizing Community Support

Whether you're a parent, educator, therapist, or advocate
This session is for YOU!

MS. ALLIYA BATOOL HAIDERY
CEO PCA- SCALeD
MA (SPED), MScPT, BCBA (USA)
International Behavior Analyst (IBA),
Former Assistant Professor at KIPRS

FRIDAY 18TH April, 2025 3:00 PM to 4:00PM
DAY DATE TIME

Join Us at the Pakistan Centre for Autism (PCA) for an Enlightening Session With Ms. Alliya Batool Haidery, an Expert in Behavior Analysis, Special Education, and Physical Therapy.

facebook
LIVE STREAMING

LuckyOne Mall | Autism Awareness Drive 2025



PCA brought inclusion into the community with its Awareness Drive at LuckyOne Mall. The event featured sensory play, dance therapy, storytelling, and expert talks. Families engaged in fun, meaningful activities while learning more about autism. The overwhelming response demonstrated growing support for inclusion in public spaces.



World Autism Awareness Seminar Avari Towers, Karachi

On May 3, PCA participated in the prestigious Autism Awareness Seminar at Avari Towers. Centered around the theme "Advancing Neurodiversity for Sustainable Futures," the event focused on innovation, equity, and impact. PCA representatives contributed their expertise in panel discussions, reinforcing our commitment to shaping inclusive policies and services.





Expanding Reach Outreach in Interior Sindh

This quarter marked the launch of PCA's outreach initiative to underserved areas. Our CEO and team participated in a conference hosted by ASD Welfare Trust at Sir CJ Institute of Psychiatry and Behavioural Sciences, Hyderabad. This event symbolized the beginning of PCA's journey into Interior Sindh to deliver autism services, raise awareness, and foster collaboration.



Honoring Mothers Mother's Day Tribute

PCA celebrated the resilience and unconditional love of mothers, especially those raising neurodiversity children. Through heartfelt tributes and engaging activities, PCA honored their role as the true advocates and champions of inclusion. Their strength inspires the work we do every day.

● 40-Hour International Behavior Therapist (IBT) Training



PCA successfully conducted a comprehensive 40-hour IBT training program under the mentorship of Ms. Alliya Batool Haidery (BCBA, IBA). The sessions offered hands-on experience, real-case exposure, and internationally recognized certification in ABA-based intervention. The training was attended by aspiring behavior therapists from across Pakistan.

● Eid-ul-Adha Simulation at PCA

To help children understand Eid rituals, PCA recreated a sensory-friendly version of the traditional Maweshi Mandi. Through visual displays, pretend play, and structured learning, children built cultural awareness while managing sensory input in a safe environment.



● Autism Awareness at Karachi Institute of Health Sciences



PCA led a session on neurodevelopmental disorders at KIHS, encouraging future healthcare professionals to adopt inclusive and empathetic practices. The enthusiastic response highlighted the increasing commitment within the medical field to support autism inclusion.

• PCA x Iqra University MOU Signing Ceremony

In a landmark partnership, PCA signed an MoU with Iqra University. The collaboration will facilitate research, workshops, training programs, and the development of inclusive educational environments. Together, we aim to expand support systems and promote innovation in autism services.



• Inclusive Summer Camp 2025 Joyful Learning in Action

Launched on June 16, PCA's Inclusive Summer Camp brought together neurodiverse children and their neurotypical siblings for a season of shared learning and play. Activities ranged from arts, pool time, and baking to social role-play and storytelling. Each session fostered emotional growth, communication, and friendships in a nurturing space.



• Recognizing Excellence Celebrating Our IBT Certified Team Members

As part of PCA's ongoing commitment to professional development, we take great pride in celebrating the success of our staff who have recently earned their International Behavior Therapist (IBT) certifications. Anum Rehman | Zaema Yousuf | Hafsa Idrees | Enara Siddiqui | Hafsa Shaikh completed her 40-hour training, supervision requirements, and passed the IBT exam under the expert mentorship of Ms. Alliya Batool Haidery, further strengthening her professional expertise in the field. Their accomplishments reinforce PCA's mission to build a team of skilled professionals committed to excellence in autism care and education.







Thank You for Being Part of Our Community

Together, we are building a more inclusive, understanding, and supportive world for individuals with autism and their families.

Every small step matters. Your voice, your actions, and your heart make a difference. Stay connected, stay inspired, and let's continue this journey of acceptance and advocacy together.

✉ We welcome your feedback, stories, or suggestions: pcascaled@yahoo.com

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🌐 Visit us at www.pcforautism.org

See you in our next edition!