



PAKISTAN CENTRE FOR AUTISM

A PROJECT OF  **SCALeD**
SOCIETY FOR CHILDREN WITH AUTISM & LEARNING DIFFERENCES

**NEWSLETTER
JULY–AUGUST 2024**



July

HIGHLIGHTS

INCLUSIVE SUMMER CAMP

**WORKSHOP: SECURE YOUR
FINANCIAL FUTURE**

MANGO DAY

August


**PAKISTAN
INDEPENDENCE DAY
CELEBRATION**

**DENTAL CAMP
ED EXPO
&
MUCH MORE.....**

September

**WORLD PHYSICAL THERAPY DAY
CELEBRATION
CAMPUS DRIVES
INTERNATIONAL BEHAVIOUR THERAPIST
TRAINING-IBT
PIMA-EXPO
SPDPA VISIT
NED-CAMPUS VISIT**





INCLUSIVE SUMMER CAMP!

This summer marks an inclusive summer camp at Pakistan Centre for Autism provided a supportive environment for children with autism spectrum disorder and to strengthen the siblings bond. It aimed to promote inclusivity, encourage interaction, collaboration and communication with siblings and peers through tailored activities like arts and crafts, music, games, and social skill workshops. Staffed by trained professionals and volunteers, the camp fostered a safe space for interaction and enriching the children's lives and promoting community awareness and acceptance. This initiative underscores the importance of inclusive opportunities for children with special needs, allowing them to have a fulfilling summer experience.





EMPOWERING EMPLOYEES! ROAD TOWARDS FINANCIAL SECURITY

SECURE YOUR FINANCIAL FUTURE!

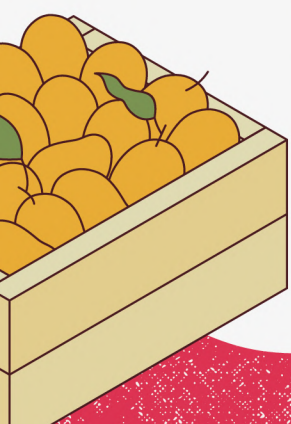
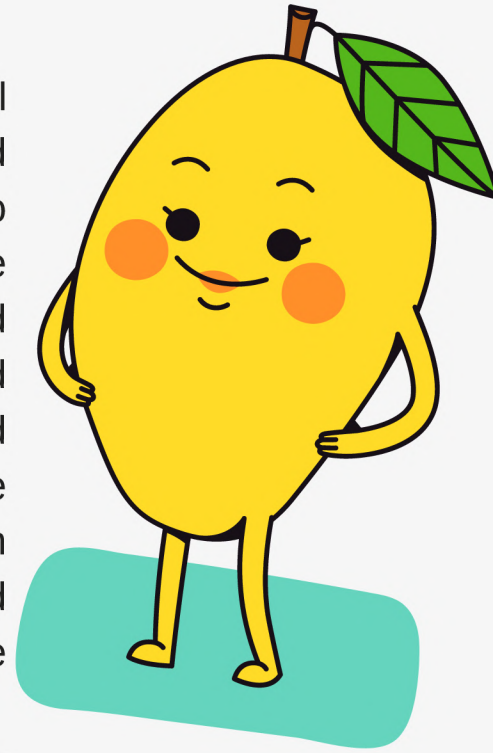
By Mr. Ali Dhamani

"Secure Your Financial Future" aimed to empower employees with tools for long-term financial stability. It covered budgeting, investment options, and retirement planning. Participants assessed their finances and set achievable goals. Mr. Dhamani's expertise inspired confidence in making informed financial decisions, equipping attendees to manage their finances effectively.



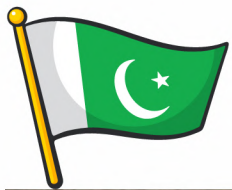
MANGO PARTY!

Pakistan Centre for Autism recently organized a delightful mango party for children with autism, creating a joyful and sensory-rich experience. This event was designed to celebrate the summer season and provide a safe, inclusive space for the children to enjoy the vibrant tastes and textures of various mango varieties. The party featured engaging activities such as mango-themed games, arts and crafts, and storytelling sessions, all tailored to the unique needs and preferences of the children. By focusing on sensory play and interactive experiences, the event aimed to promote social interaction and sensory integration, while ensuring that every child felt valued and included.



Pakistan Independence Day Celebrations

The 77th Independence Day of Pakistan was celebrated with great enthusiasm at Pakistan Centre for Autism, showcasing a sense of national pride and unity. The festivities featured moving patriotic songs, lively cultural performances, and interactive sessions designed to promote inclusivity and awareness for individuals with autism. This significant event not only honored the nation's rich heritage but also reinforced a commitment to building a more inclusive society for all.



**AWARENESS
DRIVE**

HOTFM 105 LIVE



August 29th 2024

About

“Undertsanding Autism”



MS.ALLIYA BATOOL HAIDERI

· : CEO-PAKISTAN CENTRE FOR AUTISM

Insights on Autism

by

CEO -PCA Ms.Alliya Batool

- Discussed challenges and opportunities for individuals on the autism spectrum.
- Emphasized the importance of creating inclusive environments celebrating neurodiversity.
- Shared strategies to support autistic individuals in education and the workplace.

AWARENESS DRIVE

"Smile Shield"



Dental Camp

The "Smile Shield" dental camp at Pakistan Centre for Autism promoted oral health among children with autism. Organized in collaboration with PADS, the camp provided dental check-ups, education on oral hygiene, and personalized care tailored to the children's needs. It fostered awareness about oral health in special needs communities, bridging healthcare gaps and encouraging inclusivity and care.



PIMA - 27th Biennial Convention

The Pakistan Centre for Autism made a notable impact at the 27th Biennial PIMA Central Convention, raising awareness about autism and showcasing their services. Attendees explored various support and interventions, fostering understanding and empathy. Their participation emphasized a commitment to autism awareness and encouraged community engagement to support affected individuals and families.





Department of Empowerment of Persons with Disabilities Visit

We extend our gratitude to Mr. Sheeraz Ahmed Laghari, Director Operation (SPDPA), and Dr. Ashfaq, Deputy Director (SPACE), for their visit to the Pakistan Centre for Autism. During their visit, Mr. Laghari engaged with the children and toured the facilities dedicated to supporting individuals with autism.



TRAINING FOR PROFESSIONALS

International Behaviour Therapist Training

The International Behavior Therapist Training program provides professionals with an opportunity to refine their skills in behavior therapy. It offers advanced techniques for addressing behavioral challenges, featuring learning sessions with experts, interactive workshops, and networking opportunities.



PHYSICAL THERAPY FOR AUTISM-CELEBRATIONS

World Physical Therapy Day

World Physical Therapy Day highlights the significant role of physical therapy in health, particularly in autism management. The Physical Therapy Association's recent session emphasized how therapy improves motor skills, coordination, and independence for individuals on the autism spectrum. By raising awareness, the session aimed to equip families, caregivers, and educators with resources to support individuals with autism, enhancing their quality of life. These initiatives promote the importance of physical therapy and foster a more inclusive society.



World Physical therapy Day Awareness Sessions



Campus Drive



Hosting autism awareness drives at institutions like Indus University, Hamdard College, and Dow Institute is a commendable effort that fosters understanding and acceptance. These events emphasize the importance of physical therapy for individuals with autism, encouraging meaningful conversations among students and faculty. Such initiatives promote inclusivity and advocate for a diverse, accepting society in Pakistan.





Play and Learn



Pakistan Centre for Autism aims to create a nurturing environment for children with Autism Spectrum Disorder (ASD) by developing functional skills for greater independence. Through engaging and therapeutic play activities, the center promotes inclusivity, social interaction, and peer connections. It fosters understanding and acceptance, contributing to a more inclusive society where every child can thrive.



Play and Learn

PCA Restuarant

At Pakistan Centre for Autism, social and functional skill development is at the heart of our therapeutic approach. These essential skills empower individuals on the spectrum to build meaningful relationships, navigate daily tasks, and achieve greater independence.

Through tailored interventions, group activities, and real-world practice, we prepare individuals to thrive in their environments. Our mission is to nurture potential and create a future where inclusion and independence go hand in hand.

Our inspiring young champions discover the joy of socialization and inclusivity through interactive restaurant-themed activities, paving the way for a brighter future.





AWARENESS DRIVE

Glimpses of Visit of NED University Students

The textile designing department of NED had a meaningful day of community outreach with the Pakistan Centre for Autism, involving students in art, crafts, games and interactive puzzles with the children.



MENTAL HEALTH OF MOTHERS : OUR PRIORITY

DISTRESS TO DE-STRESS

WORKSHOP

A mindful workshop was designed specifically for the mothers of PCA to address the daily stresses faced by mothers and caregivers of children with special needs. This session was led by clinical psychologist Ms. Mariya Tabassum and Ms. Daniya Maroof from the Pakistan Centre for Autism. The event was also attended by Ms. Sabina Khatri, a board member of PCA, who further emphasized the challenges of stress and shared effective coping strategies.





THANK you



OUR DONORS



deps

Department of
Empowerment
of Persons with
Disabilities

Your paragraph text



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