

PAKISTAN CENTRE FOR AUTISM PCA

NEWSLETTER

JULY – SEPT 2025

Empowering Change, Building Inclusion

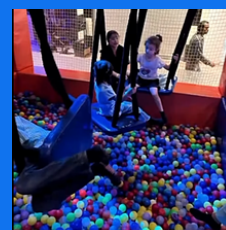
Pakistan Centre for Autism (PCA) continues to promote inclusion, awareness, and professional development through impactful activities, educational events, and meaningful community engagement. This quarter highlighted the power of collaboration, compassion, and commitment in supporting individuals with autism and their families.



Gratitude for Community Partners

PCA extends heartfelt thanks to Super Space, Bounce, PeekABear, and Giggle Town for their inclusive spirit and generosity. Their welcoming environments provided our children with opportunities for real-world social interaction, communication, and joy in a safe, supportive setting.

These experiences go beyond therapy, they build confidence, friendships, and lifelong memories. Together, we're nurturing a world where every child is celebrated and included.





• Father's Day Celebrations Across PCA Campuses

From Johar and Hali Road to PECHS, PCA celebrated the unbreakable bond between fathers and their children. The centers were filled with laughter, love, and smiles as families participated in engaging activities. Each moment captured reflected the strength, care, and belief that fathers bring into their children's lives.



• July IBT Training Batch Successfully Completed

PCA proudly recognizes the participants of the International Behavior Therapist (IBT) Training – July Batch. Under the mentorship of Mrs. Alliya Batool Haidery (BCBA, IBA), trainees gained in-depth knowledge of Applied Behavior Analysis (ABA) and hands-on intervention strategies.

Congratulations to all for your passion and commitment to inclusive education and meaningful intervention.



6-Month Report Day at PCA All Branches



A milestone moment for parents, children, and therapists! PCA's 6-Month Report Day celebrated each child's unique progress and achievements. From communication breakthroughs to social skill growth, the event emphasized teamwork between families and professionals to plan future developmental goals.

Health Expo 2025 – Karachi Expo Centre

PCA proudly participated at Stall B27 | Hall 2, showcasing autism awareness and early intervention strategies. Visitors engaged in discussions on:

- Autism awareness and inclusion
- Early signs and intervention
- Personality and HFD assessments
- Dispelling myths and misconceptions

The overwhelming response from parents, educators, and professionals highlighted growing awareness of PCA's role in autism support



• Mango Day Celebrations at PCA

Children across PCA campuses celebrated Mango Day with sensory-rich, fun-filled activities featuring mango shakes, custard, jelly, and fresh mangoes, beyond the sweetness, these activities promoted sensory exploration, social interaction, and confidence building in an inclusive environment.



PCA hosted an interactive professional development workshop led by Mr. Kashef Uddin from The Datalogy, focused on enhancing workplace efficiency through Microsoft Excel. The session provided staff with practical tools for improved data management, reporting accuracy, and workflow organization. Participants engaged in hands-on exercises to strengthen their analytical and organizational skills. This initiative reflects PCA's ongoing commitment to continuous learning, digital competence, and operational excellence across all departments.

• Professional Training: Microsoft Excel for Workplace Efficiency

• In-House Independence Day Celebrations at PCA PECHS Branch

Pakistan Centre for Autism (PCA) proudly celebrated Pakistan's Independence Day across all campuses, with the PECHS Branch leading the festivities. The event was filled with patriotic songs, flag-hoisting, and themed activities designed to help children understand the spirit of freedom and unity. From green-and-white crafts to joyful performances, the celebrations reflected national pride while promoting inclusion and participation among our students.



• PCA Participation at DEPD's Independence Day & Maarka-e-Haq Event

PCA was honored to take part in the Independence Day and Maarka-e-Haq Celebration organized by the Department of Empowerment of Persons with Disabilities (DEPD) at Noor-e-Ali Trust Park, Clifton. The event brought together various organizations working for special needs inclusion. PCA's awareness stall highlighted autism understanding, early intervention, and inclusive education. We were deeply grateful for the visit and encouragement of CM Sindh Syed Murad Ali Shah, Secretary DEP D Mr. Tuaha Ahmed Farooqi, and other dignitaries who appreciated PCA's efforts toward building an inclusive Pakistan.





PCA at Independence Day • Celebration | North Nazimabad Gymkhana Trust

PCA had the privilege of representing its mission at the Independence Day event hosted by North Nazimabad Gymkhana Trust. Through our awareness stall and interactive engagement, we shared insights about autism, inclusive learning, and early intervention. The enthusiasm of visitors and their eagerness to learn underscored a growing community commitment to acceptance and awareness. The day ended with unity, pride, and a reaffirmed belief in creating a Pakistan where every individual, regardless of ability, is celebrated.

• ENT Checkup Camp Across PCA Branches



In collaboration with Khairun-Nisa Eye Hospital Vision Trust, PCA organized an ENT Camp at PECHS, Johar, and Malir branches to ensure accessible healthcare for children with special needs. Conducted within PCA centers, the camp provided comfort and care in a familiar, therapeutic environment.

• CEO Visit to PCA Malir Branch



PCA's CEO, Ms. Alliya Batool Haidery, met parents and staff to discuss student progress, strengthen partnerships, and enhance service quality. The visit underscored PCA's commitment to empowering families and maintaining excellence in autism care.

• Awareness Drive at Dadabhoy Institute of Higher Education

PCA conducted a session on The Role of Physiotherapy in Autism Care, led by Ms. Alliya Batool Haidery, Dr. Rimsha Khan, and Dr. Mishell Abbas. The event inspired students and future professionals to advocate for inclusion and holistic autism support



• Awareness Drive at Taqwa Institute of Physiotherapy & Health Sciences

Another successful awareness session focused on understanding autism, early identification, and inclusive strategies. Led by Ms. Alliya Batool Haidery, the event fostered compassion and knowledge among future therapists and educators.



● Splish Splash Summer Bash Pool Day at PCA



● Mother's Training Session at PCA

Led by Ms. Alliya Batool Haidery, Dr. Rimsha Khan, and Dr. Mishell Abbas, this session focused on The Role of Physical Therapy in Autism and Mother's Health & Wellness. Mothers learned practical techniques for self-care and supporting their children's development.

Our Inclusive Summer Camp featured a fun and therapeutic Pool Day! Water play promoted sensory stimulation, gross motor development, teamwork, and confidence among children. Each splash symbolized growth, inclusion, and pure joy



● Barbershop Activity | Hali Road Branch

Children practiced real-life skills through PCA's Haircut Activity, designed to help them tolerate sensory challenges like scissors and trimmer sounds. These small steps build confidence and prepare them for real-world experiences.



● IBT Training – September Batch Completed

We are proud to celebrate the successful completion of the IBT (Instructor Behavior Therapist) Training conducted by

Ms. Alliya Batool Haidery:

(MScPT, MA Sp.Ed, BCBA (USA), International Behavior Analyst (IBA), CEO - Pakistan Centre for Autism SCALeD, Former Assistant Professor at KIPRS)

Throughout this intensive training, participants developed strong foundations in Applied Behavior Analysis (ABA), learning evidence-based strategies and practical tools to effectively support individuals with Autism Spectrum Disorder (ASD). The hands-on sessions and supervised practice provided each trainee with valuable experience in implementing behavioral interventions and promoting meaningful progress in the lives of those they serve.

Each certified participant represents PCA's ongoing commitment to building a skilled, compassionate, and inclusive professional community, one that continues to strengthen the future of autism care and therapy in Pakistan.



• Quarterly Impact Summary

Number Of Events & Participants From July to Sept					
Jul 2025					
S.NO	Date	Event	Branch	Event Type	No. of Participant
1	2 - 4/July/2025	Fathers Day	PCA 3	In-house	40
1	Jul 17, 2025	Splash Day	PCA 2	In-house	45
	Jul 18, 2025	Mango Day	PCA 3	In-house	30
2	Jul 26, 2025	Report Day	PCA 2	In-house	30
3	22- 24/july/2025	Health Expo 2025	All PCA	Out-house	500
4	Jul 29, 2025	Dental Camp (BU)	PCA 2 & 3	In-house	50
5	Jul 31, 2025	Mango Day	PCA 2	In-house	40

Aug 2025					
S.NO	Date	Event	Branch	Event Type	No. of Participant
1	Aug 12, 2025	Independence Day Celebration	All PCA	In-house	60
2	Aug 13, 2025	Independence Day Celebration (depd)	All PCA	Out-house	100
3	Aug 13, 2025	Independence Day Celebration (gym khana)	All PCA	Out-house	50
4	Aug 25, 2025	Medical camp (ENT)	PCA 2&3	In-house	90
5	Aug 26, 2025	Medical camp (ENT)	PCA 1	In-house	30
6	Aug 27, 2025	Dental Camp (BU)	PCA 1	In-house	30
7	Aug 29, 2025	Hair Cutting	PCA 3	In-house	22

Number Of Events & Participants From July to Sept

Sep 2025

S.NO	Date	Event	Branch	Event Type	No. of Participant
1	Sep 11, 2025	Awareness Drive at Dadabhoy Institute	PCA 2	Out-house	35
2	Sep 15, 2025	Sandwich Making Activity	PCA 3	In-house	25
3	Sep 19, 2025	Awareness Drive for Mothers Wellness & Role of PT in ASD	PCA 2 & 3	In-house	25
4	Sep 19, 2025	Doctor's pretend & Play	PCA 2	In-house	50
5	Sep 23, 2025	Awareness Drive at Taqwa Institute	PCA 2	Out-house	35
6	Sep 26, 2025	Doctor's pretend & Play	PCA 3	In-house	30
7	Sep 30, 2025	Sandwich Making Activity	PCA 2	In-house	50

Thank You for Being Part of Our Community

Together, we are building a more inclusive, understanding, and supportive world for individuals with autism and their families.

Every small step matters. Your voice, your actions, and your heart make a difference. Stay connected, stay inspired, and let's continue this journey of acceptance and advocacy together.

✉ We welcome your feedback, stories, or suggestions: pcascaled@yahoo.com

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See you in our next edition!